

Melville Matters

A Proud Member of the Macleay Educational
Community of Public Schools

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Term 3

Week 9 Mon Sep 11 Yr7-12 Merrit Assembly at

10.05am, Mon Sep 11 P&C Meeting 6pm

PRINCIPAL'S REPORT

Year 12 will have their Formal breakfast and assembly on 22 September 2017 to recognise the significant achievement of completing their schooling life.

We acknowledge this is both an exciting and scary transition period for the Year 12 students. Celebration is an important part of this process.

As with previous years it is extremely important to remind Year 12 students and parents that participation in a "scavenger hunt" will result in exclusion from the Year 12 Formal in November. It may also result in potential Police involvement and being dealt with under our suspension and expulsion policy.

Victoria Staunton
Principal

DEPUTY PRINCIPAL'S REPORT

This week our prospective school leaders for the next twelve months spoke to the staff and students on our weekly assembly.

All of the speeches were of a very high standard and showed that the students had put a great deal of effort and thought into their speeches. I congratulate them on their excellent presentations and look forward to working with a group of strong, dedicated and hardworking group of leaders who strive for the best interest of our school.

This week Years 7 and 9 have been involved in the Online Naplan Trial. Students have attempted the assessments seriously, behaved in an exemplary manner and have indicated that they prefer doing these tests on the computer rather than with pen and paper.

On Friday 8 September we celebrate World

Suicide Prevention Day with a free sausage sizzle

This week is SASS (School Assistant Support Staff) Appreciation week. We celebrated this on Wednesday with a morning tea to say thank you for the amazing efforts these staff members make supporting the staff, students and carers in all areas of the school. We also extend our thanks to Traycee McKay for organising the barbeque and her assistance with the morning tea.

As we head towards the end of Term 3 and the school holidays we encourage students to continue to participate in all the activities the school has to offer. Lessons will continue as normal as will all our extra-curricular activities.

I also take this opportunity to wish you all the best for a safe, happy and restful holiday.

Linette Baker
Deputy Principal

SCIENCE MATTERS

This term continues to be a very busy term in the Science Faculty.

Assessment Tasks

Year 7 students are currently completing a Student Research Project (SRP) which involves growing seeds and determining the effect that salt has upon them. Some classes have chosen to grow these at home, while others are growing them in class.

Year 8 have already completed their assessment task for this term which was the TechnoTask posters that were showcased in the library as part of Education Week.

Year 9 students have completed a research task on designing an experiment to make exactly 100mL of CO₂ gas. Many of the projects submitted were very creative. Well done Year 9!

Year 10 are currently working on a Biotechnology Assessment Task that involves designing a brochure on the advantages of Genetically Modified Food (GMF) and then writing a letter about some concerns about GMF.

Semester Two topics currently being studied in Science are shown below.

SEMESTER TWO TOPICS		
Year Science	7	Sky Stories Ecology Energy
Year Science	8	TechnoTask Natural Resources Ecology Forces
Year Science	9	Waves The Big Bang Theory Environmental Science Energy Conversions
Year Science	10	Evolution Biotechnology Motion Chemical Reactions

Year Agriculture	9	Wheat / Field Crops
Year 9 Marine Studies		Marine Mammals Australian Coastlines Fishing & Rod Maintenance
Year 9 Pet Care		Breeding Cats & Rabbits Poultry Raising
Year Agriculture	10	Bees Soil
Year 10 Marine Studies		Shipwrecks Seafood Cooking
Year 10 Pet Care		Animal Breed Societies Council Regulation

STEM

7J and 8J STEM (Science Technology Engineering and Mathematics) classes this term have finished designing and building their Paper Roller Coasters. They are currently working on building scale models of the Hubble Telescope.

VALID 8 / VALID 10

VALID is the name of a state-wide online Science examination for all Year 8 and 10 students. Last week all Year 10 students completed their exam with parents due to receive result letters of student achievement in late November this year.

Year 8 students will complete their exam in early November. Students will all be receiving revision / study booklets in the coming weeks to prepare for this exam. These booklets are important as this exam covers work completed not only in

Year 8 but also work completed in Science in Year 7.

2017 Science ICAS Competition

Congratulations to the following students who have achieved excellent results in this year's ICAS competition.

Distinction



Amelie
Year 7



Tomas
Year 8

Credit



Declan
Year 10



Jayden
Year 12

TECHNO Task

Earlier this term Year 8 students completed a unit of work on innovations and inventions. The theme for this task was "Things are better nowadays than they used to be". Topics researched included

- Football boots
- Bras
- TV
- Computer games
- Aeroplanes

This task will become an annual event. I look forward to some even more creative projects next year.

Agricultural News

Bunnings Kempsey recently donated to our Agriculture students a collection of trees and a free garden shed. Melissa Harrington and Dan

Gill from Bunnings delivered the trees and the garden shed to Melville High and showed some Year 9 students the trees. They selected trees that are Australian Natives and included Bush Tucker plants as well as bird and native bee attracting plants. Students will be planting the trees in suitable locations and the shed will be used to keep tools and hoses in a suitable place so the trees can be maintained.

The photo shows Mel, Dan, Taia Stuart, Tiana, Natalie, Korryn & Andrew Ryan



CAN YOU HELP?

As part of our experiment work this year in both Science and STEM classes we are looking for donations of the following items: -

- Plastic Ice Cream Containers – 2 or 4 litre sizes
- Matchbox Style toy cars
- LEGO – particularly TECHNICS style

If you have any of the above items spare at home and you wish to donate them, please have your child bring them to either the Science Staffroom or leave them at the Front Office.

Donations of any of the above items are greatly appreciated.

Term 3 Science Quiz

What am I?

I can be long or I can be short.
I can be grown and I can be bought.
I can be painted or left bare.
I can be round or I can be square.

Prizes to the first 3 students who come to see Mr Mavin with the correct answer.

Topic Tests

In Years 7-10 most Science topics are 5 weeks long. Students are completing topic tests at the end of every topic and should be regularly revising their Science work at home.

As always, if you require any further information about your child's progress and achievement in Science, please contact either your child's Science Teacher at school on 6562 7511 or myself by email ian.mavin@det.nsw.edu.au.

Ian Mavin
Head Teacher Science

PDHPE REPORT

Physical Activity levels- Can You Believe This is Happening?



Ok, so....Physical activity is defined as any bodily movement produced by skeletal muscles that requires energy expenditure.



What??.....Physical inactivity has been identified as the fourth leading risk factor for global mortality causing an estimated 3.2 million deaths globally. Physical inactivity levels are rising in many countries with major implications for the prevalence of non-communicable diseases (NCDs) and the general health of the population worldwide.



Solution.....Regular, moderate intensity physical activity such as walking, cycling, or participating in sports has significant benefits for health. For instance, it can reduce the risk of cardiovascular diseases, diabetes, colon and breast cancer and depression. Moreover, adequate levels of physical activity will decrease the risk of a hip or vertebral fracture and help control weight.

Physical activity for children and young people (5–18 Years)

**BUILDS
CONFIDENCE &
SOCIAL SKILLS**

**MAINTAINS
HEALTHY
WEIGHT**

**DEVELOPS
CO-ORDINATION**

**STRENGTHENS
MUSCLES
& BONES**

**IMPROVES
SLEEP**

**IMPROVES
CONCENTRATION
& LEARNING**

**IMPROVES
HEALTH
& FITNESS**

**MAKES
YOU FEEL
GOOD**

Be physically active

**Spread activity
throughout
the day**

**Aim for
at least
60
minutes
everyday**

**All activities
should make you
breathe faster
& feel warmer**

PLAY

RUN/WALK

BIKE

ACTIVE TRAVEL

SWIM

SKATE

SPORT

PE

SKIP

CLIMB

**Include muscle
and bone
strengthening
activities
3 TIMES
PER
WEEK**

WORKOUT

DANCE

LOUNGING

Sit less

Move more

Find ways to help all children and young people accumulate
at least 60 minutes of physical activity everyday

UK Chief Medical Officers' Guidelines 2011 Start Active, Stay Active: www.bit.ly/startactive



Basketball



The U15 Boys and U15 Girls Basketball played on 10 August at the LNC Finals in Port Macquarie. The Girl's team played well, however, they were unsuccessful, losing by only 8 points. The boys beat Port High to become LNC champions. They then travelled to Coffs Harbour where they were defeated by Coffs High School in Round 4 of the CHS competition. Coach: Mr D. Jacobs, Assistant Coach: Aaron Ralph.





Bill Turner Soccer

The under 15's Girls Bill Turner Trophy soccer team had a very successful year on the field finishing in the top 8 schools in NSW, Victoria and Queensland. This achievement is a credit to the girls hard-work and abilities and the school and community is very proud of their efforts. The team beat some very talented schools throughout the competition. They were unsuccessful in their top 8 match against Hunter Sports High School but fought hard until the end, which proved their dedication and strength. The girls should be proud of their efforts, we definitely are! Congratulations!





Year 10 PASS

The students in year 10 PASS have been working on a coaching unit this term. They are undertaking an AIS coaching course to earn a coaching certificate. To practice their skills they have been designing lesson plans and then teaching their plans to the students at South Kempsey Primary School. They have been working really hard and the primary students can't wait for the Thursday and Friday every two weeks when the 'big High Schoolers' turn up to teach them sport. Great work Year 10!



Futsal

U14 and U16 Boys Lower North Coast Champions.



Both the U14 and U16 boys' futsal teams travelled to Port Macquarie Indoor Centre on Friday 1st September. The day was a huge success with the Melville boys dominating the opposition teams.

The 16's team: Sam, Braithen, Blair, Samuel, Campbell, Brett. Nambucca was their first round of opposition and the 16 boys won by 11 goals to 2. Sam led the scoring bagging some amazing goals, supported by some solid build up play from his team mates. In their second match against Camden Haven HS they worked hard to win 9 goals to 2.

The 14's team: Zylas Tyler, Jack, Bohdi, Khye, Noah. Nambucca was a tough match with the final score going our way, 8 goals to 7. The second match was more definitive against CHHS with a 9-2 score line. The team played well showing great teamwork and developing futsal skills. Tyler displayed his speed, skill and determination to lead the scoring through multiple hat tricks and memorable finishes.

Congratulations Boys! The North Coast Semi – Final and Finals are in Port Macquarie on November 3rd.

Equestrian

Jamie-Lee competed on Monday 7/8/17 at Lakes Grammar Inter Schools In Equestrian. She came home with two 3rd places & a 4th place. Congratulations & well done!



Snow Trip 2017

Snow trip 2017 was by far the best trip yet. Blue skies and great snow allowed skiers and snowboarders of all abilities to have an amazing and epic time. The advanced skiers carved up the harder slopes and perfected their tricks in the parks while the beginners learnt a valuable skill and all left proficient skiers and boarders.

The big bus trips were filled with laughs, movies, new friendships and some entertainment from our bus driver (Cool Gav). To fill in the nights we had a trivia comp, where the girls were victorious. We met new friends from Westport High and some friendly people at the slopes along the way.

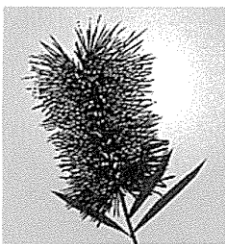
Throughout the 5 days everyone had a blast and learnt new skills that they'll never forget.

A huge thank you to Mrs Jacobs, Mr Jacobs, Mr Myrrylainen and Mr Munday for organising and facilitating this great trip that, will hopefully, continue for many years.

By Kate Ferguson, Lily Scott, Claudia Banks and Mei Yee

SOME PHOTOS FROM Melville High Snow Excursion. Looks like they had a great time!





MelvilleHIGH

Principal: Mrs V Staunton B.Sc, Dip. Ed.
 Deputy Principal: Ms L Baker B.A. B.Ed.
 Deputy Principal: Ms S Jackson B.Teach, B.Health & Physical Ed.
 Relieving Deputy Principal: Ms L Gear B.Ed. Dip Ed. Post Grad D&T.

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Dear Parent/ Caregiver

We will be emailing our School Newsletter "Melville Matters" commencing Term 4. It is important to our school to minimise our carbon footprint on the environment, cut printing costs and minimise paper wastage. We want to ensure that every student's parent or caregiver continues to receive the Newsletter and therefore need your assistance in providing information for our database.

You will have the option of receiving the Newsletter via email or given to the student.

Please complete the below slip and return to the school as soon as possible. If we do not receive any response from you before next term then we will use the email address indicated on your child's enrolment form.

Yours sincerely

Mrs V Staunton
 Relieving Principal

I would like to receive the School Newsletter as follows:

Tick the appropriate box:

- ☐ Use email address indicated on enrolment form: _____
- ☐ My nominated email address is: _____
- ☐ I DO NOT have an email account and would like to receive a hard copy.

Student's name: _____ Year: _____

Parent/caregiver's name: _____

Parent/caregiver signature: _____ Date: _____